



国際沖縄剛柔流空手道連盟日本

IOGKF Japan Yamashiro Dojo 25th Anniversary Gasshuku Timetable

Date: Nov 22 (Sat), 23 (Sun)
Location: Okinawa Karate Kaikan
Participation Fee: Under 12 ¥2000, Over 13 ¥6000

	Nov 22 (Sat)		Nov 23 (Sun)
9:00 - 10:00	Reception begins, doors open	9:30 - 10:20	Training by class
10:10 - 10:20	Opening ceremony	10 minute break	
10:30 - 11:20	Training by class	10:30 - 11:20	Training by class
10 minute break		10 minute break	
11:30 - 12:20	Training by class	11:30 - 12:20	Training by class
20 minute break	Lunch time	10 minute break	
12:40 - 13:10	Commemorative photo	12:30 - 13:20	Training by class
13:10 - 14:00	Training by class	40 minute break	Lunch / Preparation
10 minute break		14:00 - 15:00	Demonstration
14:10 - 15:00	Training by class	15:00 - 15:30	Closing Ceremony
15:30 - 17:30	Black belt grading	18:00 - 20:00	Celebration party

Celebration party 18:00 - 20:00
 Location: Mercure Hotel Naha
 Party Fee: Over20 7500yen
 Under20 6500yen
 Website QR Code



After Party 21:00 - 23:00
 Location: Pending
 Party Fee: Pending

Notes for participants

- About application and cancellation
 - * The application deadline is Friday, August 15th.
 - * The participation fee should be paid in cash at the Okinawa Karate Kaikan on November 22nd.
 - * If you cancel your participation (practice and celebration party) by Friday, October 31st, you will be required to pay the participation fee minus a handling fee of 1,000 yen.
 - * If you cancel after Saturday, November 1st, you will be required to pay the full participation fee and Celebration party fee.
- Other
 - * If you feel unwell during practice, please do not push yourself and leave after explaining the reason to the person in charge.
 - * Please bring your own fluids during breaks.
 - * Eating and drinking are prohibited inside the venue, so please do so in the designated areas.
 - * Please take your trash home with you.
 - * Please clean up the venue after practice.